



THC

What is THC?

- ♦ Marijuana is a dry, shredded green and brown mix of flowers, stems, seeds, and leaves derived from the hemp plant *Cannabis sativa*
- ♦ Delta 9– Tetrahydrocannabinol (THC) is the active ingredient in marijuana that causes users to feel high
- ♦ Marijuana is a psychoactive or mind altering drug. Psychoactive drugs produce a mind state similar to that of psychosis
(Sources: NIDA and DEA)

Additional information on THC can be found by contacting the Army Substance Abuse Program or by visiting

ACSAP.ARMY.MIL

RESOURCES

www.Nida.nih.gov
www.Justice.gov/dea



ARMY SUBSTANCE
ABUSE PROGRAM

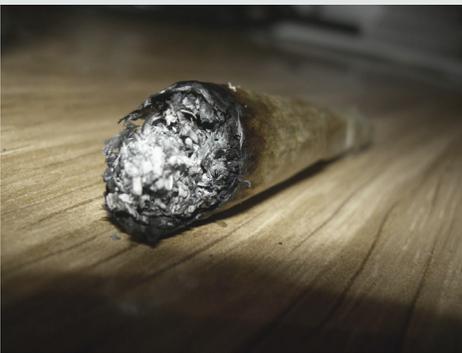


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Effects of THC

- Euphoria
- Short Term Memory Loss
- Increased Appetite (“the munchies”)
- Bloodshot Eyes
- Dry Mouth/Throat
- Increased Heart Rate
- Respiratory Problems
- Lowered Blood Pressure
- Loss of Coordination
- Paranoia
- Vivid Hallucinations
- Panic/ Anxiety Attacks
- Psychosis
- Dependence
- Impaired Attention

NOTE “Smoking marijuana may increase the risk of cancer more than smoking tobacco. Marijuana smoke contains 50% to 70% more carcinogenic hydrocarbons than tobacco smoke.” (NIDA)



Types of THC

Marijuana
Hash/Hashish
Hash Oil
Sinsemilla
Synthetic THC



Common Street Names

Weed
Pot
Herb
Bud
Ganga
Chronic
Grass
Hydro
Dope
420

How is THC Consumed?

Smoking- Marijuana is absorbed through the capillaries in the lungs. It is most typically smoked using joints, bongs, pipes, or blunts.

Eaten/ Drank- The chemicals in the Marijuana are absorbed into the small intestines. Often mixed in with food or brewed as a tea.

Mixed w/ with Other Drugs- Marijuana is sometimes smoked with cocaine, crack, methamphetamine, PCP, and other drugs sprinkled on.



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Abuse of alcohol or the use of illicit drugs by both military and civilian personnel is inconsistent with Army Values, the Warrior Ethos, and the standards of performance, discipline, and readiness necessary to accomplish the Army’s Mission.

