



E-PREVENTION

acsap.army.mil

ACSAP
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E-PREVENTION
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7th Annual Worldwide ASAP Conference

ACSAP is excited to announce that the 7th Annual Worldwide Conference will once again be held in conjunction with the Texas Substance Abuse Institute (formerly known as the Texas Commission on Alcohol and Drug Abuse) on 25-29 July in Austin, Texas.

ACSAP has decided to return to its traditional format, with all of the ASAP specific modules being held one day (25 July). The scheduling of ACSAP's portion in this manner will allow for greater flexibility during the rest of the conference. Throughout the day par-



Austin Renaissance Hotel

ticipants will hear presentations on the Risk Reduction Program, DAMIS, ACSAP's new Warrior Pride Campaign and a briefing by the Installation Management Agency Human Resources Director, Mr. Larry Olson.

Following the completion of the ACSAP training on Mon-



2004 Award Winners

day evening ACSAP will be hosting the 3rd Annual ASAP Awards Banquet. The banquet will feature a Texas Style BBQ buffet followed by Dr. Chagalis presenting this year's Director's Awards.

While the submission date for the annual Director's Awards has now closed, ACSAP would like to remind all ASAP personnel that applications for 20/30 Year Service awards are still being accepted.

Information on the Conference and the awards can be found on ACSAP's website.

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Did You Know?!

ACSAP continues to offer several valuable resources for Soldiers that are deploying and/or redeploying.

Substance Abuse Pocket Guide—A pocket guide that offers leaders information on the signs & symptoms of drug use, Army policies and pre/post deployment checklists.

R&R Alcohol Bookmark—A bookmark that offers Soldiers several easy to use reminders on the dangers of alcohol use.

Re-integration URI—An anonymous questionnaire designed to screen for high-risk behaviors and attitudes.

Additional Information

ACSAP is always searching for new and innovative prevention and training ideas. If you come across, or create anything that you believe would be useful for the rest of the prevention field, or if you would like to see something in next quarter's issue of E-Prevention please contacting E-Prevention editor Mr. Josh Myerson at DSN: 761-0667 or via email at eprevention@acsap.army.mil.

National Sobriety Checkpoint Week

This year National Sobriety Checkpoint Week is being held 30 June—5 July 2005 in conjunction with the National Highway Traffic Safety Administration's (NHTSA) *You Drink & Drive You Lose* campaign.

During the week law enforcement agencies and NHTSA will work together to "emphasize the importance of sobriety checkpoints as a means of assuring greater freedom from the dangers of impaired drivers". This will be accomplished with a two

pronged attack, which includes law enforcement officials educating people about sobriety checkpoints by the media and through additional checkpoints being set-up in high risk areas throughout the nation.

While sobriety checkpoints continue to act as an effective deterrent to impaired driving, they have also proven to be effective in decreasing impaired driving fatalities. Statistics provided by MADD show that in recent years, areas that have had an increase in

checkpoints and impaired driving arrests have also shown a decline in impaired driving deaths.

The primary goals of the program are to prevent needless death and injury caused by impaired driving, to deter individuals from driving under the influence and to document the advantages of sobriety checkpoints.

Additional information on National Sobriety Checkpoint Week can be found at www.acsap.army.mil or www.nhtsa.dot.gov.



Director's Corner

I would like to start by formally welcoming a new member to the ACSAP family, Mr. John Capen. Mr. Capen has recently accepted a job to work in the Oversight Branch here at ACSAP. For those of you who do not know Mr. Capen, John has worked within the ASAP for several years, most recently as the ADCO at the United States Military Academy at West

Point. We at ACSAP are looking forward to working with Mr. Capen for many years.

I was also delighted to see the number of Army installations that participated in National Alcohol Screening Day this year. It is my belief that the continued participation is another sign of how important alcohol awareness is to commanders and the

Army as whole.

This year's Annual Conference is quickly approaching. I look forward to this year's Conference as I expect it to be more successful than ever. I hope that everyone that attends will join us for the Awards Banquet where I will have the opportunity to honor this year's ADCO, EAPC, PC and IBTC of the Year. In

addition to the awards, I look forward to hearing your thoughts and opinions of ACSAP's new campaign, Warrior Pride. We feel that the campaign will spark additional interest and support for the ASAP. Remember to make your reservations early and I look forward to seeing you in Austin.

George P. Chagalis

National Alcohol Screening Day 2005

This year's National Alcohol Screening Day, "Alcohol and Health: Where Do You Draw the Line?", took place worldwide on 7 April.

As in previous years, the purpose of Alcohol Screening Day was to provide general information on alcohol and health and to offer a free anonymous screening for alcohol-use disorders. According to the planners, at Mental Health Screening Inc., this year's theme was chosen because it focused "on a broad health message that is ap-

plicable to anyone who drinks alcohol."

While the total number of screening sites is not yet available, Stars & Stripes has reported that over 100 Department of Defense installations participated worldwide. This number represents an increase in the number of DoD screening sites for the third straight year.

ACSAP will post additional information and photos of National Alcohol Screening Day as more materials are made available.



SGT Claire Evangelista discusses a survey at Walter Reed Army Medical Center



Ms. Deborah Manning speaking to Soldiers during NASD at Fort Benning

Warrior Pride

ACSAP is excited to announce its new alcohol and other drug awareness campaign, *Warrior Pride*. *Warrior Pride* is a social marketing campaign that utilizes Army Values and the Warrior Ethos to show Soldiers that substance abuse is incompatible with being a true *Warrior* in today's Army.

While the formal *Warrior Pride* campaign kickoff is planned for Red Ribbon Week, ACSAP will be introducing the campaign to ASAP personnel at this year's Annual Conference in Austin. This presentation will offer ASAP personnel a detailed explanation of the entire campaign and a glimpse of the products that will be

distributed in conjunction with the campaign. These products include the *Warrior Pride* logo, posters, a brochure, a Leader's CD-Rom, an updated UPL CD-Rom and an ASAP Staff CD-Rom.

ACSAP will be distributing all of the necessary products, as they are printed, to all ASAPs and posting information on the ACSAP website.



Upcoming Campaigns & Training Events

- MAY 16-20 — IBTC Course
Colorado Springs, CO
- 30 JUN-5 JUL — National Sobriety
Checkpoint Week
- JUL25-29 — Worldwide Conference
Austin, TX
- JUL 28-31—Prime for Life Training
Austin, TX
- SEP—IBTC Course
- OCT 23-31—International Warrior
Pride Kickoff / Red Rib
bon Week



Prime for Life

At the 7th Annual World-wide Conference, ACSAP will be offering the Prevention Research Institute's (PRI) Prime for Life Training. The training, which will be conducted 28-31 July, is described as an educational based program designed to change behavior using a research based motivational interviewing approach.

According to PRI, the Prime for Life series is designed to change actual drinking and drug use behaviors. Each program within the series is more than just an awareness program; it is a program designed to change behaviors using education coupled with a research-

based protocol.

ACSAP's goal overtime, due to its proven success, is to implement the Prime for Life series as the standardized ADAPT curriculum throughout the Army.

The long term success of the Prime for Life trainings has been documented both by internal and independent evaluations. The program evaluations indicate that individuals trained through Prime for Life demonstrate an increase in abstinence and a decrease in high-risk behaviors that becomes greater over time.

Additional information on this summer's Prime for Life training can be found in the Training Calendar.

Prevention Website of the Quarter www.stopdrugs.org

This quarter E-Prevention is highlighting stopdrugs.org. Stopdrugs.org is a drug awareness website sponsored by the State of California. While the primary purpose of the site is to offer information on methamphetamine and meth labs, it also provides information

and resources on all drugs of abuse. Resources on the site include brochures and hand outs that can be easily printed off, treatment information, and what to do if you suspect there is a meth lab or drug use in your community.



www.stopdrugs.org

Drug of the Quarter: Salvia

What is Salvia?

Salvia divinorum is a leafed plant from the mint family native to Southern Mexico that contains Salvinorin, a powerful hallucinogenic chemical.

Salvia is also known as Salvium, Ska Pastora, Yerba de Maria, SaDI and Sally-D. Salvia has also gained popularity throughout the Northeast and Pacific Northwest as the *new Ecstasy* at raves.

How is Salvia Consumed?

Salvia is most often consumed by smoking the plant's dried leaves. While this is the most common method of ingestion, salvia can also be consumed by brewing it into a tea or by chewing on the leaves while they are still moist.

The Department of Justice has reported that smoking as little as 1/4 of a gram of salvia can cause debilitating hallucinations.

What Does Salvia look Like?

In its natural habitat Salvia can grow to be three feet tall and is easily recognized due to its large bright green leaves and white and purple flowers. Once packaged for sale, however, salvia is



much harder to recognize as usually only the salvia leaves or crushed leaves are sold.

What are the Side Effects of Salvia?

While there is still much to be learned about Salvia many of its side effects are comparable to those of other hallucinogens. Users have reported that short term effects include: throat and lung irritation, periods of irritability, migraines, intense hallucinations, muscle cramps and short term memory loss. The long term effects of the drug are also similar to those of other hallucinogens such as LSD: chronic depression, schizophrenia. Some users also have reported experiencing *flashbacks*.

Is Salvia Illegal?

To date Salvia has not been added to the federal Controlled Substances Act. Several Congressman continue trying to have it classified as a Schedule I substance. While it has not yet been classified, the FDA has not approved salvia for human consumption.

Where can I find more information?

More information on Salvia can be found on the following websites:

- www.dea.gov
- www.usdoj.gov
- www.erowid.org